

# 8<sup>th</sup> May, 1945 VE Day



Special Guests

Food

Special Preparations

Decorations

# A Typical Week's Rations

## Food (per person per week)

4oz bacon or ham

8oz sugar

2oz tea

1s2d meat (about 6p today)

2oz cheese

1lb jam

2oz butter

4oz margarine

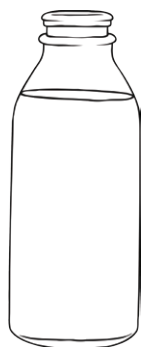
2oz lard

1 egg

3 pints milk

1 can tinned fruit

1 box dried egg per 8 weeks



## Clothes (48 points a year)

Coat= 18

Suit= 26-29

Men's shoes= 9

Women's shoes= 7

Dress= 11

Skirt= 7

Pyjamas= 8

Socks= 1

Gloves= 2

Scarf= 2

Trousers= 8

Shorts= 5

## Toiletries

1 bar of soap

Very limited paper

1 box of washing powder  
a month

5 inches of bath water a week

1 gas ring to cook dinner

1 toilet roll per family,  
per week

Gravy to paint on tights



## Available and non-rationed food

Apples

Home grown fruit and  
vegetables

Potatoes

Fish (expensive)

Snoek (South African fish)

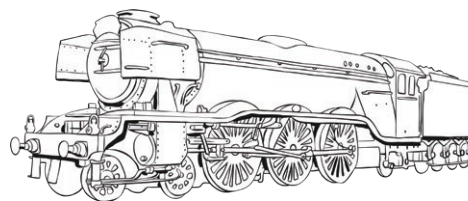
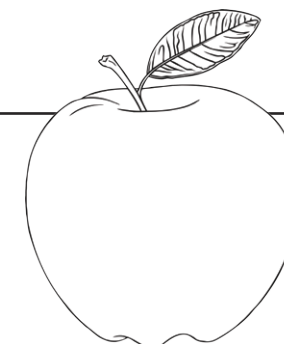
Whale meat

Brown bread

Pigeon

Rabbit

Spam



## Petrol

Only war business.

Only essential journeys encouraged by train.