



# Pinehurst Primary School Menu: Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Pizza Day</b> A selection of homemade pizza choose from Cheese &amp; Tomato, or Pepperoni, served cubed Potatoes</p>	<p><b>Scouse Pie</b> Choose from fresh beef chunks cooked slowly with onions, carrots, mashed potatoes and stock.</p>	<p><b>Crispy Chicken</b> Choose from either chicken or Quorn served with curly fries and spaghetti hoops</p>	<p><b>Roast Dinner</b> Choose from roast Gammon or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy</p>	<p><b>Fish 'Fry-day'</b> Choose from a breaded cod fillet fingers or fish cake, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Beans</b>	<b>Peas</b>	<b>Sweetcorn</b>	<b>Broccoli Carrot &amp; Turnip</b>	<b>Mushy Peas or Baked Beans</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Flapjack &amp; Custard</b>	<b>Jelly &amp; Cream</b>	<b>Chocolate Biscuit</b>	<b>Muffin</b>	<b>Meringue</b>
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
<b>And Finally a drink</b>				
<p><b>A selection of the following drinks will be available daily</b> freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				




# Pinehurst Primary School Menu: Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Brunch</b> Choose from either bacon or Quorn sausage served with Hash Browns, baked beans and crusty bread</p>	<p><b>Creamy Chicken Curry</b> Choose from chicken pieces or Quorn pieces cooked with onions, garlic, ginger cumin, turmeric, coriander, coconut milk and natural yogurt. Served on a bed of rice with a Naan bread</p>	<p><b>Hotdogs</b> Choose from either a butcher's quality sausage or a Quorn sausage served in a finger roll with potato cubes</p>	<p><b>Roast Dinner</b> Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p><b>Fish 'Fry-day'</b> Choose from a Breaded Fishcake or battered cod fillet, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Mushrooms and Tomatoes</b>	<b>Green Beans</b>	<b>Sweet corn</b>	<b>Broccoli Carrot &amp; Turnip</b>	<b>Mushy Peas or Baked Beans</b>
<b>or</b>				
<p><b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<b>or</b>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Iced Sponge</b>	<b>Sticky Toffee Pudding &amp; Custard</b>	<b>Oat Biscuits</b>	<b>Doughnut</b>	<b>Chocolate Sponge with Chocolate Sauce</b>
<p><b>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b></p>				
<b>And Finally a drink</b>				
<p><b>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b></p>				






## Pinehurst Primary School Menu: Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Sausage &amp; Mash</b> Choose from either a butcher's quality sausage or a Quorn sausage served on a bed of homemade mashed potato with gravy</p>	<p><b>Spaghetti Bolognaise</b> Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of spaghetti with garlic dough balls</p>	<p><b>Beef Burgers</b> Choose from a beef burger or a vegetable burger served on a bun with potato cubes</p>	<p><b>Roast Dinner</b> Choose from either home roasted joint of Turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes &amp; gravy</p>	<p><b>Fish 'Fry-day'</b> Choose from a breaded fish, or fish cake, all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Peas</b>	<b>Broccoli</b>	<b>Sweet corn</b>	<b>Broccoli Carrot &amp; Turnip</b>	<b>Mushy Peas Or Baked Beans</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Iced Sponge</b>	<b>Shortbread 7 Custard</b>	<b>Jelly &amp; Cream</b>	<b>Yum Yums</b>	<b>Choc Ice</b>
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</p>				
<b>And Finally a drink</b>				
<p>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>				



# Pinehurst Primary School Menu: Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Chicken Burger</b> Choose from either chicken or Quorn fillet, served on a bun with cubed Potatoes</p>	<p><b>Curried Mince Beef</b> Choose from either soya mince or fresh minced beef cooked with onions, tomatoes, in a mild curry powder, served on a bed of rice</p>	<p><b>Chicken Chow Mein</b> Pieces of fresh chicken cooked with onions, carrots, garlic, soy sauce and stock, served on a bed of noodles</p> <p><b>Pasta Bake</b> Tomatoe and cheese pasta basked in the oven</p>	<p><b>Roast Dinner</b> Choose from either home roasted joint of Pork or a Quorn fillet, served with Yorkshire pudding, roast potatoes &amp; gravy</p>	<p><b>Fish 'Fry-day'</b> Choose from a Breaded Fish Cake, or breaded cod fillet fingers , all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Beans</b>	<b>Broccoli</b>	<b>Sweet corn</b>	<b>Broccoli Carrot &amp; Turnip</b>	<b>Mushy Peas Or Baked Beans</b>
<i>or</i>				
<p><b>Jacket potatoes &amp; Panini's</b> served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey &amp; baked beans (when available)</p>				
<i>or</i>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
<b>And for dessert</b>				
<b>Lemon Sponge</b>	<b>Swiss Tart</b>	<b>Doughnuts</b>	<b>Ice Cream Roll</b>	<b>Carrot Cake</b>
<p><b>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b></p>				
<b>And Finally a drink</b>				
<p><b>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b></p>				





