

24<sup>th</sup> May 2024



# THE PINEHURST PRESS

Experience ~ Excel ~ Enjoy

A weekly newsletter to share the news of Pinehurst Primary School

## Teaching and Learning



Last week was Mental Health Awareness Week 13th – 19th May 2024

Mental Health Awareness Week is organised by the Mental Health Foundation. This year's theme was 'Movement: Moving more for our mental health.'

Being active is important for our mental health, so the aim of this Mental Health Awareness Week is to help people to find moments for movement in their daily routines.

There are so many things you can do support good mental health: from movement, to spending time in nature, getting enough sleep, spending time doing things you love...and, our favourite, kindness!

### Kindness and Mental Health

Why Kindness?

Kindness is a simple way to help EVERYONE. When we are kind to each other, it helps us to feel connected, which means we forge new friendships or deepen existing ones. Research has also shown that when we're kind, when someone is kind to us or even if we just witness kindness, our bodies release feel-good hormones which lift our mood, giving us what's known as a 'Helper's High'. It's also been shown that people who are kind have much lower anxiety levels, age more slowly and have healthier hearts. Kindness isn't just a nice thing to do, but can help us improve our own mental health and wellbeing, while helping others at the same time.

## Weekly Attendance and Minutes Late

Year Group	Class	Attendance %	Minutes Late
R	Ash	88.9%	298
R	Oak	85.2%	345
1	Elm	88.9%	66
1	Cherry	88.9%	456
2	Fir	85.2%	511
2	Yew	92.8%	400
3	Cedar	89.3%	217
3	Hazel	88.9%	563
4	Chestnut	94.4%	386
4	Holly	90.0%	180
5	Maple	90.9%	226
5	Sycamore	91.6%	164
6	Birch	97.0%	331
6	Willow	83.5%	97
Whole School		89.4%	

quote of the week

No brain, no gain.  
Stay in school.

Michael Jordan



Remember that our target every day is to have 97% attendance or above!

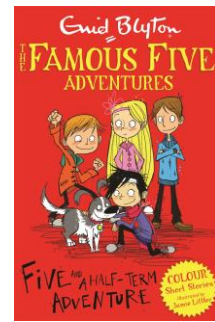
School Contact Number for Emergencies 07858 739336



We break up today for Whit Half Term.

Children return to school on **TUESDAY 4<sup>TH</sup> JUNE.**

Have a great Half Term Week – fingers crossed for sunshine!



Don't forget to tweet us any #Halftermadventures you get up to include the HASHTAG and our handle @PinehurstP.

## Year 1 Phonics Screening



Coming up... Wk.beg:10<sup>th</sup> June



Well done to our Year 2 pupils who have worked through this year's KS1 SATS this week. They all did a great job!



	Monday	Tuesday	Wednesday	Thursday	Friday
AM		EYFS			LPC LA
PM	Year 6	Year 1 & Year 5	Year 2 & Year 3	Year 4 & Year 6 Swimming	

A reminder that pupils should wear PINEHURST PE KIT ONLY on their allocated PE day. This is a yellow t-shirt, blue shorts/joggers/leggings and trainers or pumps. A school jumper or cardigan can be worn if it is a cooler day.

# Term Dates



## Looking ahead to ... 2024/2025

### Autumn Term 2024

**Starts:** Monday 2<sup>nd</sup> September  
**INSET:** Monday 2<sup>nd</sup> September  
**Pupils Return:** Tuesday 3<sup>rd</sup> September  
**INSET:** Monday 30<sup>th</sup> September  
**Half term:** Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November  
**Pupils Return:** Monday 4<sup>th</sup> November  
**Ends:** Friday 20<sup>th</sup> December  
**Christmas break:** Monday 23<sup>rd</sup> December to Friday 3<sup>rd</sup> January

### Spring Term 2025

**Starts:** Monday 6<sup>th</sup> January  
**Pupils Return:** Monday 6<sup>th</sup> January  
**Half term:** Monday 17<sup>th</sup> to Friday 21<sup>st</sup> February  
**Pupils Return:** Monday 24<sup>th</sup> February  
**Ends:** Friday 4<sup>th</sup> April  
**Easter break:** Monday 7<sup>th</sup> April to Monday 21<sup>st</sup> April (Bank Holiday)

### Summer Term 2025

**Starts:** Tuesday 22<sup>nd</sup> April  
**May day:** Monday 5<sup>th</sup> May  
**Half term:** Monday 26<sup>th</sup> May to Friday 30<sup>th</sup> May  
**INSET:** Monday 2<sup>nd</sup> June  
**Pupils Return:** Tuesday 3<sup>rd</sup> June  
**Term ends for Pupils:** Friday 18<sup>th</sup> July  
**INSET:** Monday 21<sup>st</sup> July  
**INSET:** Tuesday 22<sup>nd</sup> July  
**Ends:** Tuesday 22<sup>nd</sup> July