

6th January 2023



THE PINEHURST PRESS

Experience ~ Excel ~ Enjoy

A weekly newsletter to share the news of Pinehurst Primary School

Teaching and Learning



Design Technology - Cooking and Nutrition

We believe that teaching the children about Cooking and Nutrition is a key element of our curriculum and prepares them for their future. Through our curriculum offer:

Children may demonstrate an understanding of healthy behaviours in relation to lifestyle and food choices. Children may show an understanding of their own culturally significant foods, and be able to contrast this with differing socially significant dishes.

Children may be able to talk about the variation in the availability of food, and how food can reflect the economic and social structure of the culture surrounding it, both in modern times and historically.

Our monthly Cook-A-Longs support our pupils and families to continue this at home. Return the slip below to get involved in January's Cook-A-Long of Pasta Carbonara

Leading DT at Pinehurst is Miss Hinchcliffe. Leading our Food Technology enrichment is Mrs Wright.

quote of the week

QUOTE OF THE DAY

-204-

The purpose of education is to replace an empty mind with an open one.

MALCOLM FORBES

School Contact Number 07858 739336 for Emergencies only



January Cook-A-Long

I would like a Pasta Carbonara Cook-A-Long ingredients pack.

Name: _____

Class: _____

Please return by Tuesday 10th January

Ingredients packs will be sent home Wednesday 18th January



New Year Resolutions

Are you making a resolution in the new year?

Warning: More than half of all resolutions fail, but this year, they don't have to be yours.

Here's how to identify the right resolution to improve your life, create a plan on how to reach it, and become part of the small group of people that successfully achieve their goal.

Pick the Right Resolution

You'll give yourself your best shot at success if you set a goal that's doable — and meaningful too.

Create Your Plan

Your end goal won't just magically appear. Here are ways to figure out how to get there.

Leap Over Resolution Hurdles

No one's perfect, and your quest for your resolution won't be either. But you can get back on track.

Find a Community

You don't need to do it alone, especially if your resolution starts in the new year when you'll have plenty of company in trying to make a life change.

If You Miss Your Goal

You didn't fail. You're your own experiment, so here's what to try on your second, third or 20th attempt.

A New Year's resolution is a tradition, most common in the Western Hemisphere but also found in the Eastern Hemisphere, in which a person resolves to change an undesired trait or behaviour, to accomplish a personal goal or otherwise improve their life.

What are your resolutions?



Admissions for Reception in September 2023

Deadline 15th January 2023

All Nursery children must still apply.



A reminder that we are here to help and support our Pinehurst Family in any way we can.

Please do not hesitate to get in touch if you require any help or support.



Welcome to Miss Whitehead who joins the Pinehurst Family this term. Miss Whitehead is class teacher for Holly Class and is a member of the Senior Leadership Team as Assessment Lead.



Spring Term

Starts: Wednesday 4th January 2023

Half term: Monday 13th to Friday 17th February 2023

Ends: Thursday 30th March 2023

INSET: Friday 31st March 2023

Easter break: Monday 3rd April to Friday 14th April 2023



CONGRATULATIONS TO MRS JUNE SIMM



Our Chair of Governors, has been awarded the MBE in the New Year Honours List for Services to Education.

